

## **Suggested Gear List**

Temperatures in the winter can range from -20 degrees F to +40 degrees F while out on the trail. So, we advise dressing in layers, avoiding cotton, and wearing waterproof outerwear. Below is a list of suggested gear!

- ✓ Synthetic base layers / thermal long underwear
- ✓ Thick wool socks
- ✓ Neck gaiter, scarf, face mask, or buff
- ✓ Sunglasses and/or ski googles
- ✓ Wool hat, beanie, or other warm headwear
- ✓ Insulated mittens and/or gloves
- ✓ Insulated waterproof pants
- ✓ Warm wool sweater, down jacket, or fleece
- ✓ Waterproof outer shell, snow bibs/suit, or winter parka
- ✓ Warm, insulated boots
- ✓ Other:
  - o Camera!
  - o Toe & hand warmers (specially for morning tours or if traveling with children)